## IDC Childcare Wellness Guidelines

Please do not bring your child to IDC childcare if your child has:

- Any common sign of illness.\* Symptoms include but are not limited to the following:
  - · Thick nasal discharge or blocked nasal passages
  - · Persistent cough
  - · Sore throat
  - Drowsiness/lethargy
  - · Body aches
  - · Low appetite
  - · Headache
- Fever (over 100.4 degrees) within the past 24 hours
- Vomiting or diarrhea within the last 24 hours
- Any unexplained rash
- · Any skin infection boils, ringworm or impetigo
- · Untreated pink eye or any other eye infection
- Any symptom of childhood diseases such as scarlet fever, German measles, mumps, chicken pox or whooping cough
- Any communicable disease
- · Lice, including the presence of eggs or nits

If any of these symptoms are found present while your child is in childcare, you will be notified and asked to pick up your child.

\*Important Note: A child may be allowed to return to childcare with lingering "common signs of illness" symptoms five days after the initial onset of symptoms or with a doctors note if five days has not yet passed.

Please notify the childcare coordinator and the classroom volunteer before placing your child in childcare if you believe this applies to you.