

Jesus' Hard Teachings

IDC Kids Preschool

Bible Passage: John 6

Story Point: Many people did not understand Jesus' teaching.

Key Passage: Colossians 1:13

Big Picture Question: How does God care for His creation? God loves and rules over all He made.

Christ Connection: Jesus did not come just to give people bread to eat, He came to give them true life. Jesus' teachings were hard to understand. God the Father wants us to believe in His Son. When we trust in Jesus, He gives us life with God forever.

Watch this week's [IDC Kids Online Video](#)

Review Questions

What did the people want Jesus to do? (*give them bread from heaven*)

Who did Jesus say He is? (*He said, "I am the bread of life. I came from heaven."*)

What did Jesus mean? (*Whoever believes in Him will have eternal life with God.*)

Did everyone understand Jesus' teaching? (**Many people did not understand Jesus' teaching.**)

Did Jesus' twelve disciples leave Him? (*No, they believed He was the Holy One of God.*)

How does God care for His creation? God loves and rules over all He made.

Say • The people were following Jesus because He had given them food, but Jesus did not come to earth just to give people bread to eat. He came to give them true life. This is why Jesus said, "I am the bread of life. I came from heaven."

Learn the big picture question

Say • Our big picture question asks, ***How does God care for His creation? God loves and rules over all He made.***

God gave His people bread in the wilderness, and He gave His Son, Jesus, who is the bread of life. Jesus speaks the words of eternal life, but **many people did not understand Jesus' teaching.**

Practice the key passage

Turn in your Bible to Colossians 1:13. Read the key passage aloud.

Pass a toy loaf of bread back and forth as you say each word of the key passage together.

Say • God the Father wants us to believe in His Son. When we trust in Jesus, He gives us life with God forever. That's what it means to say God has rescued us and transferred us into His kingdom. Jesus came to give people true life in the kingdom of God!

Sing the key passage song, "He Has Rescued Us," and the theme song, "Jesus Reigns Forever."

Activity Page (if you didn't order them, you still can [download and print HERE](#))

Help preschoolers decide what things they need and circle them. Guide children to cross out things they may want but do not need to live.

Say • Good food, water, and clothing are things we need for life, but these things cannot make us live forever. In today's Bible story, Jesus explained that He is the only one who can give people eternal life.

Pray

- Say • The people wanted Jesus to perform a miracle, but Jesus did not come just to give people bread to eat. He came to give them true life. Jesus' teachings were hard to understand, but that doesn't mean we cannot believe them with God's help. God the Father wants us to believe in His Son. When we trust in Jesus, He gives us life with God forever.
- Pray • God, thank You for sending Jesus, the bread of life who came from heaven. Help us believe His teachings even when we don't understand. Help us turn away from our sin and trust in Him. Amen.

Activities

Write thank-you notes

Provide paper and markers for preschoolers to make thank-you notes. Show children how to fold their paper in half to make a card. Write *THANK YOU* where everyone can see. Encourage a child to copy it on the front of his card. Write *THANK YOU* on the cards ahead of time for younger preschoolers. Encourage children to draw a picture of someone taking care of them inside the card. Ask each child about what she is drawing and for whom, and then write a brief note in her card. Invite children to deliver their notes this week.

- Say • I'm so thankful that God provides people to take care of us! Saying thanks to them is important. They take care of you because they love you, just like God does! ***How does God care for His creation? God loves and rules over all He made.*** We feel God's love through His care for our physical needs, but we especially feel His love through Jesus.

Follow an obstacle course

Set up an obstacle course for children to move through. Use furniture on hand as well as cardboard boxes, pop up tunnels, foam blocks or mats, jump ropes, hula hoops, and so forth to provide plenty of physical challenges. Explain how to complete the course and offer assistance to any children willing to try. Applaud all attempts.

- Say • Following an obstacle course can be hard! Did any of you not even want to try it when I told you how hard it would be? Did you feel any different when I offered my help? In our Bible story today, some people thought Jesus' teaching was too hard to follow, but Jesus helps us do even really hard things when we trust Him!

Chart foods

Draw lines down the middle of a large piece of paper in both directions, dividing the paper into fourths. Label each section *Breakfast*, *Lunch*, *Snack*, and *Dinner* respectively. Invite preschoolers to cut out pictures of food from magazines or circulars. Guide a child to decide which category a food belongs in and glue it inside that quadrant. Some foods may have more than one answer; allow creativity as you select one together.

- Say • Who provides all our food? God! That's why it's a great idea to pray every time we eat, to thank God for taking care of our needs. ***How does God care for His creation? God loves and rules over all He made.*** Jesus did not come just to give people food to eat. They'll only be hungry again later! He came to give us true life. Jesus meant that our spirit needs God just like our body needs food to live. When we trust in Jesus, He gives us life with God forever.

Experiment with saltwater

Fill a clear cup with water. Ask preschoolers what will happen when you put an egg in the water. Gently place the egg in water and watch it sink. Fill another clear cup halfway with water. Add four tablespoons of salt. Then stir. Fill the rest of the cup with water. Ask preschoolers what will happen when you put an egg in the saltwater. Gently place the egg in the saltwater and watch it float. Experiment with different amounts of water and salt.

- Say • The egg floated in the saltwater because of the salt. Salt Lake City, Utah gets its name from nearby Great Salt Lake. Great Salt Lake is one of the few lakes that is made of saltwater. Luis and Betty Soto are missionaries in Salt Lake City. Their city not only has lakes, but mountains and tall buildings. Christians in Salt Lake City are telling people about Jesus. We can tell people in our city about Jesus, too!

Sing a song

Sing to the tune of "Three Blind Mice" :

"Bread of life, bread of life,
Came from heaven, came from heaven.
He came to give us eternal life.
The people asked, 'What work should we do?'
'Believe in the One whom God has sent:
Jesus Christ, Jesus Christ.'"

Repeat several times and talk about the meaning.

Say • Jesus said, "I am the bread of life. If anyone eats this bread, he will live forever." **Many people did not understand Jesus' teaching.** They didn't understand what God wanted them to do. Jesus said, "Believe in the One whom He has sent." God the Father wants us to believe in His Son. When we trust in Jesus, He gives us life with God forever.

Paint with bread

Provide baguette slices, clothespins, washable paint on foam plates, construction paper, and smocks. Show a child how to clip a clothespin to a piece of bread. Invite children to paint with the bread. Offer assistance as children dip bread into the paint and move it along their papers. Make sure preschoolers do not eat the paint-covered bread.

Say • The people wanted God to send bread from heaven again, but Jesus did not come just to give people bread to eat. He came to give us true life. Jesus said, "I am the bread of life. No one who comes to Me will ever be hungry." **Many people did not understand Jesus' teaching.**