

Four Friends Helped

IDC Kids Elementary

Bible Passage: Mark 2:1-12

Key Passage: Psalm 103:2-3

Main Point: Jesus healed a man and forgave his sins.

Watch this week's IDC Kids Online Video

Review Questions

Why couldn't the men get their friend to Jesus through the door? (*The house was full of people.*)

How did the men get their friend to Jesus? (*lowered him through the roof*)

Did the religious leaders believe that Jesus had the power to forgive sin? (*no*)

What happened after Jesus told the man to get up and go home? (*He stood up and went home.*)

What did the people in the crowd do when they saw the man was healed? (*They praised God.*)

Learn the big picture question

Say • Our big picture question is, ***What did Jesus heal people from? Jesus healed people from sickness, sin, and death.*** The man who was paralyzed needed to be healed. First, Jesus forgave the man's sins. Then Jesus healed the man so he could walk. Jesus has the power to heal and to forgive sins.

Practice the key passage

Open your Bible to Psalm 103:2-3. Read the key passage aloud several times.

Say • Our key passage tells us to praise God like the crowd did in today's story because He is able to forgive all our sin and heal all our sicknesses.

Activity Page

Download and print this week's activity page

Guide preschoolers to find Jesus in the picture.

Say • Did you spot Jesus? In today's Bible story, some men were trying to get their friend who

could not walk to Jesus so He could heal him. Can you guess from the picture how they did that?

Pray

Say • God, You gave Jesus the power to heal and to forgive sin. Cause us to turn away from our sin and turn to Jesus for forgiveness. Help us also to care for our friends like the friends in the Bible story and tell our friends the good news about Jesus. Amen.

Activities

Healthy hearts

Instruct kids to do a series of simple exercises, like jumping jacks, running in place, push-ups, squats, or arm circles

Say • Today we will learn about a man who had two big problems. One was with his physical body. He was paralyzed, which means he could not move the muscles in his body. We will learn about his other problem and what happened to help him fix both. What do you think his other problem was? What do you think could fix his two problems?

What's easier?

Prepare a set of index cards with actions on them. The last two cards should read *heal a man who is paralyzed* and *forgive sins*. Draw index cards two at a time and ask kids to decide which they think is easier. Challenge kids to explain why they chose the card they chose.

Example actions:

Ride a bike, tie your shoe, write your name, do a pull-up, paint a picture, build a birdhouse, cook a meal, do a cartwheel, dunk a basketball, drive a car