

Jesus Provided Bread from Heaven

IDC Kids Preschool

Bible Passage: Matthew 14:13-21; Mark 6:30-44; John 6:1-14

Key Passage: John 20:31

Main Point: Jesus fed 5,000 people.

Big Picture Question: Why did Jesus perform miracles? Jesus performed miracles to show He is God's Son.

Christ Connection: Jesus gave the people food so they would not be hungry. The next day, Jesus said that He is the bread of life. (John 6:35) Only Jesus can give us everything we need. Jesus gives us forgiveness, friendship with God, and life forever with Him.

Watch this week's [IDC Kids Online Video](#)

Talk about the Bible story

Say • **Jesus fed 5,000 people.** Jesus gave the people food so they would not be hungry. The next day, Jesus said that He is the bread of life. Only Jesus can give us everything we need. Jesus gives us forgiveness, friendship with God, and life forever with Him.

Ask the following review questions:

Why did Jesus teach the people and heal them? (*because He cared about them*)

Why did Jesus' friends tell Jesus to tell the people to leave? (*so they could go get something to eat*)

Why did Jesus' friends think they could not feed the people? (*There were too many people.*)

What did Jesus do with the boy's five loaves of bread and two fish? (*blessed it and broke it into pieces*)

How many baskets full of leftover food did Jesus' friends collect? (*12*)

Learn the big picture question

Say • Our big picture question is, Why did Jesus perform miracles? Jesus performed miracles to show He is God's Son. Jesus provided food for the people to eat, but even more important Jesus fed 5,000 people to show that He is God the Son.

Practice the key passage

Open your Bible to John 20:31. Read the key passage aloud several times.

Say • Our key passage reminds us why God gave us this story in the Bible—so that we will believe Jesus is the One God promised to send. When we put our trust in Jesus, we can have life forever with God.

Activity Page

Download and print [this week's activity page](#)

Guide preschoolers to find and circle the five loaves of bread and two fish hidden in the picture.

Say • You found five loaves of bread and two fish. In today's Bible story, Jesus was teaching people about God and His kingdom, and He was healing people who were sick. It was getting late, and the people needed something to eat. Jesus made sure all the people had the food they needed. Can you guess what Jesus used to feed the people?

Activities

Make loaves and fishes

Provide the preschoolers with molding clay or play dough. Invite them to make fish and loaves of bread with the clay.

Say • You were able to make a lot of fish and a lot of loaves of bread, but can you make enough for 5,000 people? Only Jesus had the power to make a lot of food from a little food because He is God's Son. **Jesus fed 5,000 people.**

Play out serving a meal

Provide children with toy food, pots, and plates. Invite preschoolers to play out making dinner and serving the meal.

Say • Could you imagine what it would be like to make dinner for 5,000 people? Where would we get that much food? How long would it take us to prepare? *[Invite children to respond.]* **Jesus fed 5,000 people.** Jesus gave the people food so they would not be hungry. The next day, Jesus said that He is the bread of life. Only Jesus can give us everything we need.

Sort croutons and fish-shaped crackers

Set out a 12-cup muffin tin. Provide a preschooler with five croutons and two fish-shaped crackers. Invite him to use rubber-tipped tongs to place the "loaves and fish" in the muffin tin cups. Point out that Jesus' friends collected 12 baskets full of leftovers even though all they had was five loaves and two fish. Provide more croutons and fish-shaped crackers for the preschooler to fill the cups to overflowing.

Say • **Jesus fed 5,000 people** with only five loaves and two fish. Jesus gave the people food so they would not be hungry. Only Jesus can give us everything we need. Jesus gave us what we needed the most when He died on the cross and rose again to rescue us from sin.

Sample bread

Gather a variety of breads for preschoolers to sample. Cut the bread into small pieces and encourage preschoolers to try several varieties. Consider providing toppings such as butter, avocado, honey, or fruit.

Say • Jesus gave the people food so they would not be hungry. **Jesus fed 5,000 people.** The next day, Jesus said that He is the bread of life. Only Jesus can give us everything we need. Jesus gives us forgiveness, friendship with God, and life forever with Him.

Make bagged lunches

Explain that often God gives people what they need through other people. God can use us to meet people's needs like He used the little boy's food to feed the crowd.

Assemble bagged lunches for those in need. Invite preschoolers to decorate lunch-sized brown bags with markers and stickers. Guide a preschooler to place a bottled water in her bag. Set out an assortment of non-perishable food items. Invite the preschooler to choose a certain number of items to add to her lunch bag. Identify a group in your church to receive the bags or donate them to a local food pantry.

Say • Jesus gave the people food so they would not be hungry. **Jesus fed 5,000 people.** Our bagged lunches will not feed 5,000 people, but they will feed [*number of bags assembled*] people. Only Jesus can give us everything we need. All people need to be saved from sin, and Jesus died on the cross and rose again to save us.

Low Prep Activity

Follow the pattern

Create a pattern by clapping your hands, tapping your knees, clapping high, clapping low, and so forth. Invite preschoolers to follow the patterns. Start out with slow and simple patterns. Make them a little more complex and faster based on the ability of your group.

Say • Good job following the pattern! In today's Bible story, Jesus and His friends got into a boat to cross the sea to find a quiet place to rest, but people ran along the shore and followed them. A crowd of people was waiting when Jesus and His friends got to the other side of the sea. Do you think Jesus was mad that the people were following Him? No way! Jesus cared about the people. They needed someone to show them how to live and help them. Listen to hear how Jesus helped in our Bible story.

Play a favorite foods game

Tell preschoolers that you will call out the names of different foods. If the food is something a preschooler loves to eat, she should go to one side of the room. If the food is something a preschooler would only eat if she were very hungry, she should go to the other side of the room.

Say • It was getting late as Jesus was teaching and healing, and the people were very hungry. **Jesus fed 5,000 people** with bread and fish. Even though He started with only five loaves of bread and two fish, everyone ate until they were full. Jesus gives us everything we need. Jesus gives us forgiveness, friendship with God, and life forever with Him when we put our trust in Him.

Pray

Say • God, thank You for sending Jesus to provide for all of our needs. Thank You for sending such a caring and loving Rescuer to come and save us from sin. Jesus is the bread of life and only He can give us all that we need. Thank You, God! Amen.